

Warwick Community Newsletter

A D M I N I S T R A T I V E D E T A I L S

VERY IMPORTANT – PLEASE NOTE THESE CHANGES: All articles, ads and correspondence should be emailed if possible to warwicknewsletter01378@gmail.com . If you cannot email, drop off clearly printed articles in the METCALF CHAPEL MAILBOX AT 32 ATHOL ROAD by the **20th of the month before the article will run.** Please note that we do not accept FULL PAGE inserts at all for commercial ads, and are asking every organization in Town to keep their event flyers to 1/2 page or less. If a full page event flyer is desired, the organization may print the flyer themselves for insertion (call Mary Humphries 544-0126 for the number of copies required) if the information cannot be fit to 1/2 page and a waiver is desired. Business card size ads are \$7/month or \$70/year. All material may be edited for length, ink intensiveness, or content and may not be anonymous. Some logs and minutes provided may only be available on the Warwick Website at www.warwickma.org due to space limitations.

Phone Directory

Emergency 911
 Selectboard /Town Coordinator
 978-729-3224
 Warwick Broadband
 413-676-9544
978-544-
 Selectboard voice mail
 6315
 Treasurer/Collector 3845
 Highway 6349
 Library 7866
 Fire Station 3314
 Animal Control 3402 Animal
 Contr.Pager 978-217-2681
 Clerk/Assessors 8304
 Bd of Health 6315
 Community School 6310
 Police Dept Business
 2244
 Building Inspector 2236
 FAX all depts. 6499
 Burn Permits:
www.fcburnpermits.com

THANK YOU TO THE FOLLOWING DONORS AND ADVERTISERS

Edwin Witherell, Freddie & Calvin Fellows, Nancy & Bruce Kilhart, Walter & Bev Farley, Joe & Alana Mankowsky, Jones & Erviti, Trinitarian Congregational Church, and Parker Edson & Marcia Jones.

\$477.00

All Donations and Ad Payments should be sent to WCN/Metcalf Chapel, 32 Athol Road, Warwick, MA 01378

If an inordinate amount of time passes and your donation is not listed, the check may have been lost. Please notify us by email at warwicknewsletter01378@gmail.com if that happens. Thank you for your donations and your patience.

Foot Clinic

All clinics are at 8:00 a.m. at Metcalf Chapel.

- ◇ February 10th
- ◇ March 10th
- ◇ April 14th
- ◇ May 12th
- ◇ June 9th



Warwick Council on Aging Request for Help

The Warwick Council on Aging is considering setting up partially-subsidized help with a home cleaning program for seniors in need. THIS WILL ONLY HAPPEN IF WE CAN FIND THREE TO FOUR PEOPLE WHO WOULD BE WILLING TO WORK IN THIS PROGRAM.

We are looking for a once-a-month commitment. If you are willing to help with this, please call Carol Foote at 978-544-6900 or email Liz Whipple at hewhip1@gmail.com.

All subsidized cleaning must be booked through the Council, but it cannot happen unless we find people to help us with this service.

Hello Warwick Residents,

The Board of Assessors would like to notify everyone that during the months of February and March there will be a joint effort between the BOA and Roy Bishop and his business partner from Bishop & Associates to visit each property in town and taking exterior pictures of current standing structures on the property. These visits may or may not need to include an interior inspection; however, homeowners will be notified if an interior inspection is needed.

Also, did you know if you are 70 years old (or older), you might qualify for an exemption from your Real Estate taxes? Did you know that if you are a Veteran or Veteran spouse you might qualify for an exemption from your Real Estate taxes? We also have exemptions if you are blind or disabled, if you qualify. These exemptions are filed once a year within 30 days of the first tax bill of the year. Please feel free to contact me at the Town Hall for more information , and watch the newsletter, Warwick L, or Warwick L-Ternative (Facebook) for days that I will visit the Library and Meal Site during February and March.

If you have any questions or concerns, please feel free to contact the Board of Assessors at (978) 544-8304.

Office hours: Tues. 10:00 a.m. - 2:00 p.m.
Thurs. 10:00 a.m. - 12:00 p.m., 4:00 p.m.-6:00 p.m., weather permitting or by appointment.

Tracy Styles, Assessor Clerk



TOWN CLERK HOURS:

Mondays 2/6, 2/13, 2/20, and 2/27 from 1:00-4:00 p.m.

Thanks,

John Paganetti, Town Clerk

CONGRATULATIONS!***The Warwick Cultural Council is pleased to announce recipients of the 2023 grant program sponsored by Massachusetts Cultural Council.***

Tracy Dawn Alden, Warwick, "Conscious Kids", a project building a Stone Circle, aka Medicine Wheel, at WCS with children, parents and community volunteers.

Cynthia Barrett, Orange, "Emma and Belley: Sister Detectives", a bilingual book

Daniel Kirouac, Westminster, "A Concert for Warwick Women's Guild", music from the 40's to the 70's.

LaunchSpace, Inc., Orange, "Teen Open Hack", a free monthly teen drop-in event exploring the joy of making.

Jessica Marshall, Warwick, "Once Upon a ..." Improv Workshop and Show, the Piti Theater Company

Orange Revitalization Partnership, Orange, "Starry, Starry Night"

Pioneer Valley Regional School Music Dept., Northfield, "Virginia International Music Festival". The HS Concert Band and the Marching Band will perform in front of a panel of acclaimed judges and attend the Virginia Military Tattoo, a gathering of military bands from across the world.

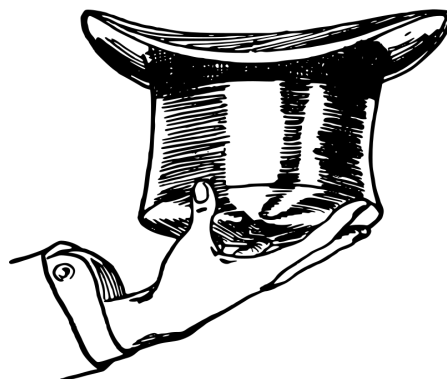
Quabbin Food Connector, Inc., Orange, "North Quabbin Crossroads Tour: Food, Farms, Future" – an eight-stop self-guided tour to complement the Smithsonian "Crossroads: Change in Rural America" exhibit at Athol Library.

The Athol Historical Society, Athol, "Uniquely Quabbin Magazine", presents articles and features about the history and culture of the Quabbin Reservoir and surrounding towns.

Warwick Arts Council, Warwick, "After School Art, Nature and Science Program", will explore the trails, ponds, forest and fields on the school campus, integrating art, science and the humanities.

Cultural Council Members: Barbara Thurston, Louise Doud, Kathy Litchfield, and Linda Paquet

"SAVE THE DATE: Friday, March 3rd, at 7pm local magician & mentalist Eaden Marti will be performing his new one-man show sponsored by the Warwick Cultural Council. More info will be coming soon, but for now reserve your free ticket here: www.eadenmarti.com/tickets"



The Restaurant Review: WCS

Senior Lunch
Warwick Community School Cafeteria
Warwick, MA
Tuesdays at Noon

Since the start of Covid, the senior lunches at the Town Hall (delivered by LifePath) have ceased, and most of the seniors miss the camaraderie of getting together weekly. The food wasn't the reason we got together; it was to keep in touch with town folks, talk, and have a great time.

One day towards the end of 2022 we were invited to a meal at the School, cooked by none other than Gail Beauregard from Copper Angel. David Young told us that they wanted to test the method that LifePath uses, by cooking and sending to all the towns. This was to prepare for the school opening and the ability to prepare food to serve the children.

Since the first lunch, we have been awarded a delicious lunch each week. From roast turkey around Thanksgiving, to lasagna, meatloaf, chicken, and pork dishes. There is usually a soup and salad along with a vegetable or potato dish. Gail does an excellent job with the selections and cooks delicious recipes. There is no charge for the meal, but a "tip jar" is available.

So, the seniors are even happier now because the camaraderie is back - only this time with excellent meals. The chatter can now continue, and the seniors can have a healthy meal once a week without having to cook. Thank you, Warwick and Gail Beauregard!

Bon Appetit!
Gloria Varno

Warwick Women's Guild Events

February 7, 2023 Warwick Women's Guild will be meeting on **Tuesday, February 7, 2023, at 1 PM** in The Town Hall kitchen area. **The school discussion has moved to March.** So, this month we will have our business meeting, catch up on all our minutes from the last couple of months, and come up with a list of questions for the school discussion next month.

March 7, 2023 Warwick Women's Guild will meet on **Tuesday, March 7, 2023, at 1 PM** in The Town Hall, kitchen area. The new school superintendent, Carole Learned-Miller, and assistant, Jessica Marshall, will join us to update us on the new school opening.

Monthly meditation sittings will occur on the 4th Wednesday of each month, 5:30 to 6:30 p.m., at the Metcalf Chapel in the side parlor room. All are welcome. Drop in for one sit or become a regular. Refresh, renew or catalyze your own practice of mindfulness. This is facilitated by Clyde Perkins, Sr. and Clare Green.

Springfield Materials Recycling Facility Advisory Board 436 Dwight Street Springfield, MA 01103

January 9, 2023

Contact: Amy Donovan (amy@franklincountywastedistrict.org)

Four New Videos from Recycling Facility Advisory Board

The [Springfield Materials Recycling Facility](#) (SMRF) [Advisory Board](#) has released four short videos about household recycling to help viewers understand what happens to the materials they recycle. The videos are an antidote to misinterpretations recently shared by media outlets. The new videos are available at springfieldmrf.org and on YouTube (www.youtube.com/@springfieldmrf4175).

The videos focus on four different topics: Container Recycling, Paper and Cardboard Recycling, What Happens to Recycled Materials, and Recycling's Most Unwanted. Produced by Reelife Productions, the videos include interviews with recycling industry experts, footage of recyclables being sorted and baled, and information on the industries that purchase local recyclables for reuse.

These videos will be useful in classrooms, for community sustainability groups, family discussions, social media pages, and other applications. Director and Owner of Reelife Productions, Tom Adams, notes "It's a good feeling to know we are helping to increase the efficiency and efficacy of the recycling program in Massachusetts."

The SMRF annually processes and sells over 18,300 tons (95%) of the material collected by its [65 western Massachusetts member communities](#). Major news outlets have reported that "only a small percentage of plastic is recycled," but that statistic refers to the recycling rate of *all plastic manufactured*, including durable items not intended or designed for recycling. This figure does not refer solely to the items that residents put in their bins.

This new video series clarifies that the items western Massachusetts residents are [instructed to recycle](#) have value to processors and manufacturers who turn the materials into new products and packaging. In fiscal year 2022, through the sales of recyclables to commodity markets, the Springfield MRF paid its 65 member communities a combined revenue share of \$375,500.

This new series, along with the already popular [Me and My Bin](#) that was released earlier this [year](#), gives western Mass residents a behind-the-scenes look at the environmental and economic values of recycling. The series sends a clear and simple message: **Recycling is important, and we each have a role to play.**

The Green Corner

Air Source Heat Pump User Tips (special thanks to Mass Save)

****Make sure you are on the Warwick aggregation rate plan. Dynegy Energy is the supplier: \$0.094 vs NGrid \$0.339 per kWh this winter! You can sign up here: <https://colonialpowergroup.com/warwick/>**

- **Use your heat pump year-round.** High-performance heat pumps are the most energy efficient heating systems, even on the coldest winter day. If you have both a heat pump and a furnace or boiler, your heat pump is the more energy efficient choice.
- **Set it and forget it.** Turning your heat pump on and off, or constantly adjusting its temperature settings, may actually use more energy and cause comfort issues. Heat pumps operate most efficiently when holding a steady temperature.
- **Set the temperature for comfort.** Common homeowner advice may tell you to keep the thermostat at a set degree for certain seasons (68° F in the winter); however, you should choose a temperature setting based on your comfort. Many models measure the temperature at the ceiling, which is warmer than at floor level. Heat pumps operate efficiently at higher space temperature set points in the winter.
- **Avoid auto mode.** When the temperature outside is mild, a heat pump's auto mode can sometimes result in the system switching back and forth between heating and cooling. To prevent this, set the heat pump to cooling mode during the spring and summer, and heating mode during the fall and winter.
- **Seal in your savings.** To make the most of your new system, consider a Mass Save Home Energy Assessment to help understand how your home is performing. High-performance air sealing, duct sealing, insulation, windows, doors and inserts can help keep the heat or cold that your new heat pump provides inside your home.
- **Prioritize your heat pump.** While high- efficiency heat pumps can provide 100% of a home's heating needs, some homeowners may opt to keep their pre-existing heating system in place as a backup or to heat a separate area of the home. In these situations, it's important to make sure the existing system and the heat pumps don't compete. This may mean setting the boiler or furnace thermostat to a lower temperature, closing a radiator or damper in the rooms served by the heat pump, or installing integrated controls.
- **Switch over at preset temperatures.** Integrated controls can automatically switch between a heat pump and backup heating system at a pre-set outdoor air temperature. Please note, the most cost-optimal switchover temperature will depend on the backup system's heating fuel.
- **Clean your air filters.** When your filters get dirty, your heat pump's efficiency will decrease. Check the filters regularly to get a sense for how often they get dirty. The location of your units and other factors can impact how often they need cleaning. Consult your owner's manual for instructions.
- **Keep your outdoor unit clean and clear.** To operate efficiently, outdoor units need space for airflow. Check your outdoor unit regularly. When it's needed, clear away fallen leaves, trim nearby shrubs, and shovel snow away.
- **Have your heat pump serviced.** As with any heating and cooling system, it's important to have your equipment regularly serviced to extend its lifespan and keep it running efficiently. To ensure peak performance, follow manufacturers' recommendations for professional service.
- **Turn the units OFF-off to eliminate the "phantom" load.** You can turn the units OFF-off by shutting off the circuit breaker for each unit when not in use for long periods, such as during the spring or fall. Check with your operators' manual or your installer for instructions.

Most circulated item of 2022 in CWMARS: The Lincoln Highway, a novel by Amor Towles. Circulations: 4,403 — a stylish and propulsive novel set in 1950s America.

February Warwick Community School & District Update

Happy February,

We continue to celebrate the formal confirmation from the Massachusetts Department of Education that we are now our own district. We will begin educating kindergarten through sixth-grade students in the fall of 2023! We have an extensive long-range plan posted on our website. Our website can be reached via [this link](#) or, if you are reading the newsletter on hardcopy, you can access it at this address <https://warwickcommunityschool.org/>. As we further build out our curriculum as well as our before school, after school and summer programming, updates will be posted there. Special thank-you to volunteer Emily Hemingway for building the site. If there is additional information you would like to see there, please email me. Thank you!

Thanks to a generous grant, we have funding for many trained educators to help us build the curriculum, grow our library, and set up the educational technology needed to run the school and district. While much has been put in place for our school, there is also much to do and we need your help. Please reach out to Jess Marshall at we5beeks@outlook.com if you are willing to volunteer or join a committee! Additionally, this spring we will be hiring teachers and other staff for the school. If you know talented educators, please ask them to reach out to us.

We are eager to get to know our district's children and families! If you have a school-age child, please reach out via email to me to find time to connect, share information about your child's interests, and ask questions you might have about the school. Meetings can be arranged at the school or via Zoom.

We will also continue to hold *Arts in Nature events this winter and spring, which is another great opportunity to connect and ask questions. Arts in Nature gatherings will take place monthly during the 2022-2023 school year as a way for Warwick families to come together, build community, and experience the types of nature-centered project-based learning that will take place at the school when it opens next fall. Our February Arts in Nature session will take place on February 15th from 3:30 - 5:00 p.m. Please email me if you plan to attend. Children and adults of all ages are most welcome.*

Warmly,
Carole

Carole Learned-Miller, EdLD
Founding Superintendent
superintendent@town.warwick.ma.us

Save the date! March 11th, 7:00-8:30 p.m. at the Warwick Town Hall

The Warwick Arts Council Presents an Evening with Lily-Rakia Chandler

Lily-Rakia Chandler is a two-spirit woman of many heritages. Identifying primarily as Native (Mohawk) and Jewish has naturally led her to outdoor land-based education which she has been leading for the last 20 years. With ancestors from almost every continent, Lily-“Rakia” Chandler's life's work has been navigating the many nuanced ways oppression affects people and the Earth. Her music is a reflection of that love and liberation in practice. Receiving inspiration from her many ancestors and growing up in the eighties and nineties, Rakia's music is a unique mix of hip hop, Reggae, and sacred chant. With drumming centered around a heartbeat and vocals ranging from thoughtful 90s style hip hop flow to haunting Hebrew melodies, to traditional Mohawk chant. This will be an artistic and musical participatory event to learn about the past, present, and future of Native People in the area. This event is free and open to the public.

TRINITARIAN CONGREGATIONAL CHURCH of WARWICK

FEB 2023

Dear Friends,

This call for a worldwide fellowship that lifts neighborly concern beyond one's tribe, race, class, and nation is in reality a call for an all-embracing and unconditional love for all [humankind].... When I speak of love I am not speaking of some sentimental and weak response. I'm not speaking of that force which is just emotional bosh. I am speaking of that force which all of the great religions have seen as the supreme unifying principle of life. Love is somehow the key that unlocks the door which leads to ultimate reality. This Hindu-Muslim-Christian-Jewish-Buddhist belief about ultimate reality is beautifully summed up in the first epistle of Saint John: "Let us love one another, for love is of God. And everyone that loveth is born of God and knoweth God. He that loveth not knoweth not God, for God is love.... If we love one another, God dwelleth in us and [God's] love is perfected in us". Let us hope that this spirit will become the order of the day.

"Beyond Vietnam" Apr 4, 1967, Rev Dr Martin Luther King Jr.

Rev Richard Rohr identified the prophet as someone who places current issues in the context of "The Big Picture".

"What is a prophet? Let me try this as a definition: one who names the situation truthfully and in its largest context. When we can name the situation truthfully and in its largest context, it cannot get pulled into interest groups and political expediency. One of the gifts of the prophets is that they evoke a crisis where one did not appear to exist before...but those who had eyes...recognized, 'My God, the violence was already there'...That's how we recognize a prophet - there is a widening of seeing, this deepening of a truth that was always there."

The biblical prophets were people who were so deeply committed to the health and wellbeing of the religious and social communities they were part of that they could not ignore the glaring hypocrisies of the socio-religious hierarchies set in place by the ruling elites. They saw beyond the temporary advantages of the status quo, to those elites, to the long term health of the whole society. Righteous anger arose in them and drove them to speak out. From Moses confronting the "golden calf" to Martin Luther King Jr confronting racism, classism, militarism, (our own golden calves), the prophets were compelled to "evoke a crisis".

Theologian Megan McKenna says that the biblical prophets carried a painful burden:

"The prophets ached over injustice and were torn to shreds by it...[their intent was] the conversion of heart and the doing of restitution to rebalance and heal the world again. However prophets may prophesy, their integrity is shown by the way in which they give up their very lives as testimony and witness as they side with the forgotten and the lost ones and loudly proclaim that God... is aware of their pain and feels their suffering as [God's] own...One way to define a prophet is a person who sees so clearly what is happening in the present moment that he or she can tell us what is going to happen if we don't change immediately and radically."

True prophets are radicals, in the true sense of the Latin word, *radix*, which means "root". They dig down to the root causes and expose them for what they are. This is what makes them very unpopular with those who are comfortable or in power. They are attacked and accused of hating the very thing they love so much that they are compelled to speak out in truth, no matter how unpleasant or upsetting. The historian Howard Zinn wrote, *"The most revolutionary act one can engage in is...to tell the truth."*

Prophets, in the biblical sense, deconstruct current illusions, the status quo, and then reconstruct a new vision based on a foundation of love and equity. But not all revolutionaries are prophets. Some revolutionaries seek to simply replace existing leaders with themselves, keeping the same inequities in place or even imposing new, harsher regimes of exploitation and repression. They have only self-love.

Richard Rohr contends that, *"...telling the truth is an act of love, an act of resistance, an act of courage...truth is revolutionary; it's part of the work of fierce love. Truth makes a personal, spiritual, ethical and moral demand upon us... telling the truth creates ripples of authenticity that change the world...it invites us to be honest about who we are, about our flawed-but-beautiful, broken-but-healing selves. Truth leads to reconciliation and peace; without truth, there is no peace."*

In faith, Dan

UP COMING EVENTS

PIZZA NIGHT SAT, FEB 11 6 PM It's back - unless Covid makes it unwise - but we are planning on offering pizzas and desserts before the Wooden Fender event upstairs in the Town Hall.



“SOUPER BOWL” COLLECTION This is our annual collection for the Orange Pantry and the Western MA Food Bank. We will be accepting donations at Pizza Night and for two Sundays: Feb 12 & 19th. Checks may be made out to **TCCW** with **SOUPER BOWL** on the memo line.

CAPITAL CAMPAIGN to raise \$40,000 for building improvements to the Metcalf Chapel. Renaissance Builders of Gill have replaced siding, added a layer of rigid insulation and foam sealed around windows. We are hoping to be able to replace some doors and make other improvements that will add energy efficiency and comfort for those who use the building. A donation to the Trinitarian Congregational Church of Warwick (or just **TCCW**) would be greatly appreciated. On the memo line put **“Capital Campaign”**. And thank you.

ON-GOING ACTIVITIES AT THE METCALF CHAPEL

FOOD PANTRY DONATIONS *Nonperishable food, personal hygiene items and household cleaning supplies are collected in the front hall of the Chapel. Personal & household cleaning items are needed as they cannot be purchased with “food stamps”.*

BLANKETS/SHEETS/PILLOW CASES/ ETC *Bring clean, useful sheets (the Shelters only have twin beds and mattresses) blankets, pillowcases, towels and washcloths to the Chapel and we will get them to the Shelters.*

MEDICAL SUPPLY LIBRARY *We have crutches, wheelchairs, walkers and many other medical supplies for free loan at the Chapel. Check us out before buying new.*

FREE FOOD FRIDAYS 9 AM @ the Chapel *Thanks to Clyde Perkins Sr., Zac Marti and many others, we have free food to give to those in the surrounding community who could use help stretching their food budget. Come check us out.*

LIBRARY NEWS: February**Ivan Ussach, Director/Librarian**

Library hours: Monday 10-4, Tuesday 1-8, Thursday 5-8, and Saturdays 10-12:30 (during school year). Contact: warwick@cwmares.org; 978-544-7866; Ivan Ussach, director

Covid operations update: Masks are not currently required for entry; however, they are still strongly encouraged. Thanks, and stay healthy!

Museum Passes: The Library has free admission passes to the Magic Wings Butterfly Museum, Massachusetts State Parks (DCR), the Brattleboro Museum of Arts & Culture, Historic Deerfield, the Clark Museum, MassMOCA and the Eric Carle Museum.

Pass the Disk - a Discussion with Sam Stone about Building the More Beautiful World Our Hearts Know is Possible: Tuesday, February 7th at 7 pm @ the Library. What story are we telling? As Charles Eisenstein writes: "The world as we know it is built on a story. To be a change agent is, first, to disrupt the existing Story of the World, and second, to tell a new Story of the World so that those entering the space between stories have a place to go."

Join Sam, who grew up in Warwick and recently graduated from Wheaton College, for a gathering and heart-led discussion about the condition of our time, the constraints we face, and the stories we choose to stand in. By gathering together, we will hold space for a new story to rise between us: one of love, play, and vibrant possibility. We will read excerpts from Eisenstein's 2013 book, *The More Beautiful World Our Hearts Know is Possible*. Also recommended: "[Exit the Void](https://www.youtube.com/watch?v=BqB-1ABZJSM&t=1379s)" (video) - first five minutes - <https://www.youtube.com/watch?v=BqB-1ABZJSM&t=1379s>

Oral History Panel Presentation #1 - Warwick: The Home Front during WWII -

Saturday, Feb. 11th - 2 pm @ the Library (rain date Feb. 18): Yes, some folks remember! Following up on the Oral History grant recently awarded to Warwick Library by the Association for Rural & Small Libraries, the first of several oral history programs will focus on how Warwickians and neighbors fared during WWII. The format will be similar to the Brotherhood of the Spirit/Renaissance Community panel presentation held at the Library in 2022, with several town residents joining a panel discussion and plenty of opportunities for contributions from audience members of all ages. The discussion will be professionally videotaped for viewing on the Library's Youtube channel. Whether or not you have stories to share, please join us!

Monthly Short Story Hour - from Africa: Thursday, February 16th - 7:30 pm @ Library: We'll "travel" to Africa as we read selections from *African Short Stories*, a 1985 collection co-edited by Chinua Achebe, whose first novel, *Things Fall Apart* (1958), has come to be seen as the archetypal modern African novel in English. Come to read or just to listen.

Author's Talk - Russ Richardson, Forester: Tuesday, Feb. 21 - 7 pm @ Library (Rain date Feb. 23rd): Russ Richardson grew up on a farm in rural Shelburne, and is the author of *10,000 days In the Woods: The Beginning*, the first of his two-volume account of a life spent in "the woods." His story paints a vivid image of a New England landscape that no longer exists. "The Beginning" covers his years as a youth through his time in forestry school out west, planting trees in Idaho, working for the Forest Service, and logging in Washington and Vermont before obtaining his first job as a professional forester and his return to New England in the 1970s.

Book Review - *Manitou: The Sacred Landscape of New England's Native Civilization*: Every library in New England should have this book. The history you've heard, that the five-state area was sparsely populated by humans, with few villages and plenty of forests, wasn't true. Rather, the Native Americans here were socially advanced, practiced environmental stewardship, farmed extensively, and were spiritually sensitive. They built thousands of cairns to commemorate important events, dozens of celestial calendars to track the seasonal changes, hundreds of stone snake and turtle effigies, dug scores of underground chambers and raised many hundreds of standing rocks and stacked rock structures.

The fascinating evidence of human habitation is as much as 14,000 years old and all around us. Written by James Mavor, Jr. and Byron Dox, and published in 1989, *Manitou* will help you see the leavings of the ancient tribes that lived here as we do—as visitors on the land. There are still rock structures to find and identify, all the treasures of the past have not been discovered, and some may be waiting for you on the flanks of Mount Grace. Happy hunting! Doc Pruyne

Coordinator for the February Community Newsletter – David Young

There is much to report for the new calendar year. Senior meals site is in operation. It is happening at the Warwick Community School on Tuesdays at noon. We are serving forty or more meals which are prepared by Chef Gail Beauregard who we employ a few hours a week. This is a testbed of our school lunch commissary design. There's no need to reserve, and you may contribute what you can to the effort. We have started a café at the school from 8 am to 11 am on Saturdays. You don't have to be old or from Warwick to join this offering which is fee-based. Besides providing a venue for food and fellowship, we are testing our facility kitchen in this case to generate revenue. Part of our school redesign includes entrepreneurship. Holly Manson, former NES and WCS cook has the reins on the café which offers breakfast and lunch items priced at \$3 each or \$12 for a plate / tray.

Town got the approval from the state for becoming an independent school district. It is a big task for which we've be ok'd. I am constantly impressed by our team of consultants, employees, elected officials, and volunteers. The next step is to elect a school committee which will happen first at a special election in April. This will give us legitimate school board of governance and they will serve up to the May 15 annual town election. If you are interested in joining a town government board please stand up or at least reach out to me to talk about it. In the school endeavor we are creating an advisory committee in addition to the SC and we are starting a nonprofit corporation so we can legitimately seek non-government grants. We need board members. We have been successful in the private grant regard having received a planning grant in a national competition, and to which we are seeking a second year of funding. There is interest in what we are doing to regain local control and educate more individually. Yes, we will have teachers! Our students will be moving along as they improve their abilities rather than in lockstep with their like aged peers.

The Selectboard approve an Eastern Collegiate Cycling Conference Bicycle Race April 15, a Saturday in Warwick, with a race course and time trials. We will publicize more details as the date approaches.

Notice to department heads, committees, and board, please submit your FY22 town report. This is the fiscal year that ended June 30 last year, 2022. Email the annual report to me at townreport@town.warwick.ma.us

In addition to keeping up with town government and adding our own school district, the following are some matters in the inbox or the to-do box: Cleanup at the former McKnight property and getting the EPA to formally commit to clean-up of the PFAS chemicals detected. While we have a lot of grants in hand to manage, there is a lot of money available in pass through grants provided we make the pitch for it. When we do grant seeking, it helps to have a plan. It helps avoid waste and it makes the request stronger. The town needs a capital plan and some operation reviews too, including how

RECREATION COMMITTEE

YOGA Saturday 9:15-10:30 am, Town Hall

This is an all-level Hatha Yoga class designed to meet students' needs with an emphasis on proper alignment, Pranayama breathing technique, deep relaxation and meditation. It's a dynamic yet harmonious approach to cultivate strength, physical awareness and inner balance. Classes are led by Kalliope Kalombrastosos.



ZUMBA Tuesday and Saturday mornings 8:00 am, Town Hall

Zumba is a Latin-inspired dance fitness program that anyone can do. My class is low-to-no impact and provides an excellent cardio workout. Zumba is adaptable for all ages and fitness levels. It may take a couple of classes to learn the rhythms and some basic moves, but once you do, it's JUST PLAIN FUN!! Hope you will join us. Classes led by Susan Krieger

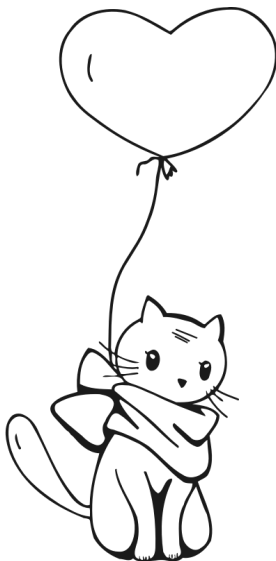
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1 WCS Outdoor Recreation after-school program begins	2 WCS Art Club after-school program begins	3	4 Zumba & Yoga Brunch at WCS 8-11 am Transfer Station 8-3 pm Library 10:00-12:30 pm Climate Vigil 11:30-12:30 pm
5 Worship Service 10:00 am	6 Library 10:00-4:00 pm	7 Zumba Sr. Meal WCS at noon Women's Guild 1:00 pm T. Hall Library 1:00-8:00 pm 'Pass the Disk" Library 7:00 p.m.	8 Book Club meeting Library 10:00 am	9 Library 5:00-8:00 pm	10 Foot Clinic 8:00 am Metcalfe Chapel Free Food Friday 9:00 am	11 Zumba & Yoga Brunch at WCS 8-11 am Transfer Station 8:00-3:00 pm Library 10:00-12:30 pm; Oral History Panel Presentation Library 2:00 p.m. Climate Vigil 11:30-12:30 p.m. Pizza & Blues Night 6:00 p.m. Town Hall
12 Worship Service 10:00 am	13 Library 10:00-4:00 pm	14 Zumba Sr. Meal WCS at noon Library 1:00-8:00 pm Valentine's Day 	15 Arts In Nature at WCS 3:30-5:00 p.m.	16 Library 5:00-8:00 p.m. Short Story Hour 7:30 at Library (hybrid)	17 Free Food Friday 9:00 am	18 Zumba & Yoga Brunch at WCS 8-11 am Transfer Station 8:00--3:00 pm Library 10:00-12:30 pm Climate Vigil 11:30-12:30 pm
19 Worship Service 10:00 am	20 Library 10:00-4:00 pm	21 Zumba Sr. Meal WCS at noon Library 1:00-8:00 pm; Author's Talk Library 7:00 p.m.	22 Meditation at Chapel 5:30-6:30 p.m.	23 Library 5:00-8:00 pm	24 Free Food Friday 9:00 am	25 Zumba & Yoga Brunch at WCS 8-11 am Transfer Station 8:00-3:00 pm Library 10:00 -12:30 pm Climate Vigil 11:30-12:30 pm
26 Worship Service 10 :00 am	27 Library 10:00-4:00 pm;	28 Zumba Sr. Meal WCS at noon; Library 1:00-8:00 pm;			*** Unless EXTREME WEATHER, Climate Vigil Sat 11:30-12:30 am	*** It's a busy month! Don't forget Scrabble at the Library, Tues 6:30-8:00 p.m.

WARWICK COMMUNITY NEWSLETTER
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CHANGE SERVICE REQUESTED

DATES TO REMEMBER:



FOOT CLINIC: Feb. 10th, TCC, 8 AM

ORAL HISTORY PRESENTATION, Feb. 11th, LIBRARY, 2 PM

PIZZA & BLUES NIGHT, Feb. 11th, TOWN HALL, 6 PM

VALENTINE'S DAY, Feb. 14th

ARTS IN NATURE, Feb. 15th, WCS, 3:30 PM